Club Poll – Needs and Interventions

(BBB Autism PDF document #17)

Answers were obtained from BBB Autism Online Support Network and BBB Autism egroup.

DISCLAIMER: In the following document, we have included websites to check out all the interventions and subjects that were brought up during our poll. Do not take their inclusion as endorsement by BBB Autism or its founders. Ensure that you seek your doctor’s advice on anything new you are considering. Please remember: if something sounds too good to be true, it probably is. Also, be skeptical of anything that touts itself as a cure or one that works for every child on the spectrum. One thing we do know is that different kids respond to different interventions. Please note that all websites may not have been thoroughly checked out by those presenting them, we cannot be held responsible for the websites of others.

I hope you enjoy this poll. If you have any ideas for further polls, please email me at liz@deaknet.com. I have to say, that I learned so much from this one. Thanks to everyone for your participation! Liz

Number of respondents - 22
Number of kids on spectrum – 31 (this number includes 3 kids awaiting diagnoses)

Gender:
Male: 26
Female: 5

Ages:
2 are 18 months
5 are 3 yrs
5 are 4 yrs
No answer: 2

4 are 5 yrs
3 are 6 yrs
2 are 7 yrs

3 are 8 yrs
1 is 10 yrs
1 is 16 yrs

2 are 17 yrs
1 is 21 yrs

Do you think your child's autism/PDD is gastro-intestinally related?

No: 18
Yes: 10 (includes one who is allergy related)
No answer/unsure: 3

Dr. Goldberg’s website: http://neuroimmunedr.com/

Did your child have later onset autism/PDD (i.e.: normal development until 15 to 18 months)?

No: 15
Yes: 13
No answer/unsure: 3
Have you tried any of the following interventions?

Secretin

No: 29  Yes: 2

Article: Autism and Secretin by John Wills Lloyd
http://curry.edschool.virginia.edu/go/cise/ose/information/secretin.html

ABA/IBI

No: 12  Yes: 19


Floortime

No: 18  Yes: 13


PECS/PCS

No: 10  Yes: 21

Article: “The Picture Exchange Communication System” By Andrew Bondy and Lori Frost http://www.pecs.com/asaPEC3panel.html. As you can see, PECS is very popular and many members commented that it made a huge difference.

Options Institute (Son Rise Method)

No: 29  Yes: 1  No answer: 1

The Option Institute’s Home page http://www.option.org/cat2000_pg25.html

Fast ForWord

No: 30  Yes: 0  No Answer: 1

Scientific Learning’s Home page http://www.scilearn.com/

Miller Method

No: 30  Yes: 0  No Answer: 1

Dr. Miller’s Home page http://www.millermethod.org/

Gluten and/or casein free diet

No: 18  Yes: 13 (this includes 3 who saw no change; one who saw very positive changes) GFCF Website (includes instructions, recipes, message board and more) http://www.GFCFDiet.com/
### Supplements

No: 16  Yes: 15

The following page includes what's known about herbal remedies, nutritional supplements, some brand-name "natural" remedies or supplements, and a few over-the-counter medications that you may have heard about in connection with Autistic Spectrum Disorder. Many people turn to such remedies because they are concerned about the side effects that could be caused by some medications. Please be aware that many supplements and herbals can result in side effects as well. As always, consult your doctor and follow directions. [http://www.patientcenters.com/autism/news/sup_reference.html](http://www.patientcenters.com/autism/news/sup_reference.html)


Cod Liver Oil: “Is There a Cure for Autism?”

### Medications (if so, which ones?)

No: 12  Yes: 15  No answer: 3

- **Nystatin**: article “The Candida Yeast-Autism Connection”


- Adderal, Clonadine, Depakene (Valproic Acid), Depakote, Imiprimine (see Trofanil)
- Clonopin, Paxil, Prozac, and Regulin: see Nitomin, Risperdal, Ritalin, Secretin, Tegretol, Xanax, Zoloft

Unfortunately, I could find nothing on “Urocholines”. If anyone has any information, please forward it to me at liz@deaknet.com.

Another item you may find interesting is the inside view on medications from Temple Grandin, an adult living with autism: [http://www.autism-society.org/packages/medication.html#perspective](http://www.autism-society.org/packages/medication.html#perspective)

### Occupational Therapy

No: 8  Yes: 19  No answer: 4

Other (if so, which ones?)

TEACCH: http://www.unc.edu/depts/teacch/
Positive Behavioral Supports (PBS): http://www.ccps.ga.net/bip/bip.htm
Functional Communication Training: http://www.behavior-consultant.com/discuss-fct.htm
Sign Language: http://www.autism.org/sign.html
Willbarger Protocol (brushing): Unfortunately, information on this method is no longer being offered online. Please contact your OT for information.
SLP: http://www.herring.org/speech.html
Sensory Diet: http://www.saveachild.com/parentspeak/phillips.htm
Cranial Sacral Therapy (Massage): http://www.uml.edu/centers/CHP/CompMed/carnsac.htm
Holistic Healing: http://www.attunement.com/category.htm
Glen Doman Method: http://www.iahp.org/staff/glenn_doman.html
Doman/ Delacato Method: http://www.autism-pdd.net/treaforme.html#Delacato
Massage with scented oils: Aromatherapy For ADHD And Autism In Children http://home.freeuk.net/aromatherapist/
Auditory Integration Therapy (AIT): http://www.daviscenter.net/ait.htm
Counseling: I mostly found websites endorsing individual practitioners in this area. Personal counseling can be helpful. Ask your family physician for a referral.
Play Therapy: http://ericcass.uncg.edu/single/landreth.html
Typical Peer Modeling, peer helping: http://www.peer.ca/Biblio2.html

Are you receiving any interventions through your child's school?
No: 3  Yes: 27  No answer: 1

Are you content with the services and funding offered in your area?
No: 21  Yes: 7  Somewhat: 3

Which of the above interventions would you like more information on?
General Information on Treatments in Autism: http://www.healing-arts.org/children/autism-treatments.htm

Sensory Integration, Fast ForWord, medications, supplements, nutrition, PECS/PCS, Miller Method, Son Rise (Option Institute), Floortime, ABA, verbal behavior – descriptions provided above

GFCF: Explanation of the GFCF Diet http://www.gfcfdiet.com/Explanationofdiet.htm
Facilitated Communication: http://www.autism-society.org/packages/facilitated_communication.html
Holding Therapy: http://www.autism-pdd.net/treaforme.html#Holding
DMG: http://www.bulkmsm.com/DMG/web2.htm
Higashi: http://www.bostonhigashi.org/
Chelation of Mercury: http://www.healing-arts.org/children/holmes.htm
Pivotal Response Training: http://www.bbbautism.com/ther_prt.htm
Melatonin: http://www.autism.org/melatonin.html

What’s New?
Live Cell and Stem Cell Therapy: http://www.healing-arts.org/children/cell.htm
The “AZ” Method: http://www.cypnet.com/research/azmethod/
Anti-Yeast Therapy: http://www.healing-arts.org/children/antifungal.htm
Gentle Teaching: http://www.cresources.org/gentle/
Flexyx Therapy: http://www.autism-pdd.net/treaforme.html#Flexyx
Yoga: http://www.specialyoga.com/autism.htm
Hyperbaric Oxygen: http://www.healing-arts.org/children/hyperbaric.htm
Hippotherapy: http://www.hyperionfarm.com/faq.htm
Earbonics: http://www.calpoly.edu/~jrolfe/Client%20Observation%201.htm
Service Dogs: http://www.tdog.com/svc.htm

Miscellaneous
Quackwatch lists controversies and “too good to be true” methods. They also have a “search function”: http://www.quackwatch.com/
Therapist Finder: http://www.therapistfinder.net/

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