



**BBB AUTISM SUPPORT NETWORK/  
AUTISM SOCIETY ONTARIO  
(YORK REGION CHAPTER)  
Autism Society  
Ontario  
PRESENT  
THE E-NEWS**

[http://www.bbbautism.com/about\\_bbb.htm](http://www.bbbautism.com/about_bbb.htm)

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JULY 5, 2001

## THE WELCOME ISSUE

What makes BBB Autism (<http://www.bbbautism.com/>) different from other Internet information sources on Autistic Spectrum Disorder (ASD)? The volume of parental input makes us unique! Our web site is peppered throughout with parent strategies and stories. It is our hope that this brand new feature will continue that theme. We are looking for your contributions, whether they be:

- Stories (funny/positive) about life with your ASD child.
- Interesting articles and links from the Internet.
- Articles you have written about ASD-related topics.
- Questions
- Ideas for future BBB Newsletter topics.
- Links to your personal homepages.
- Anything else you think might appeal to the group.

So please, dust off that keyboard, and get typing! :) Please send all submissions to me at [liz@deaknet.com](mailto:liz@deaknet.com) Thanks for all your continued support!

Sincerely

Liz

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*A notice to our readers...*

*The founders of this newsletter and the BBB Autism support Network are not physicians.*

*This newsletter references books and other web sites that may be of interest to the reader. The founders make no presentation or warranty with respect to the accuracy or completeness of the information contained on any of these web sites or in the books, and specifically disclaim any liability for any information contained on, or omissions from, these books or web sites. Reference to these web sites or books herein shall not be construed to be an endorsement of these web sites or books or of the information contained thereon, by the founders.*

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## ARTICLES

Happy 4th of July!

### HOLIDAY LETTER FROM AN AUTISTIC CHILD

(This article appeared in the holiday 1999 issue of ASAP news Volume 3.5) The Autism Support and Advocacy and Potential Unlimited Publishing.

*"Dear Family and Friends:" was written for the purpose of it being sent to relatives and hosts of summer gatherings who might need a crash course in what to expect from their guest with ASD.*

>>Dear Family and Friends:

I understand that we will be visiting each others for the holidays this year!

Sometimes, these visits can be very hard for me, but here is some information that might help our visit to be more successful. As you probably know, I am challenged by a hidden disability called "Autism" or what some people refer to as a Pervasive Developmental Disorder (PDD).

Autism/PDD is a neurodevelopmental disorder, which makes it hard for me to understand the environment around me...<<

To read the whole article, click here: <http://www.autisminfo.com/holidayletter.htm>

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### Dealing With Tantrums

by Gary J. Heffner

>>Children with autism have been known to have a temper tantrum or two. Tantrums can be embarrassing, time consuming, guilt producing and tiresome; but they are rarely dangerous.

Think about why a child might have a tantrum. *That's right, they work!!* Tantrums get children what they want, or they would not do them. What do children want? Candy, attention, Beanie Babies, not to go to bed, to continue self-stimulating, not to take medicine, more cookies, no more broccoli and on and on!



Children want what they want when they want it. There are some things you can do to prevent tantrum behavior (e.g., teach children to wait) but that cannot help you when you are at Wynn-Dixie with a screaming child!

The best solution for a temper tantrum is a commitment from all people who have regular contact with your child to **IGNORE** the temper tantrum and never give the child what they are tantruming for as long as they are still having a tantrum. Here's how you do it and still stay sane...<<

To read the whole article, go to <http://www.bbbautism.com/>, then go to "PDF Articles".

### Favorite Links

- [BBB Autism Web Site](http://www.bbbautism.com/) <http://www.bbbautism.com/>
- [Online Support Network](http://www.bbbautism.com/club_front_page.htm) [http://www.bbbautism.com/club\\_front\\_page.htm](http://www.bbbautism.com/club_front_page.htm) - club new front page
- [Natural Reinforcer List](http://www.kathyandcalvin.com/aba/reinforcers.htm) <http://www.kathyandcalvin.com/aba/reinforcers.htm>
- [Early Signs of Autism](http://members.spree.com/autism/autism1a.htm) <http://members.spree.com/autism/autism1a.htm>
- [Wright's Law](http://www.wrightslaw.com/) (effective U.S. advocacy) <http://www.wrightslaw.com/>
- [Comhnadh Consulting](http://www3.sympatico.ca/l.moir/) (Ontario Special Education Consulting) <http://www3.sympatico.ca/l.moir/>

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If you think you know someone who might enjoy or benefit from these newsletters, kindly forward us their email address at [bbbautism@deaknet.com](mailto:bbbautism@deaknet.com)

### Attention: Upcoming Specialty Chats:

Spousal Issues!

Thursday, July 12 at 1:30pm and 8:30pm, est

Monday, July 16 at 9:00pm, est

and

Tuesday, July 17 at 3:00pm, est

To convert these times to your own time zone, click [here](#).

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